

# CPR GUIDE

## CHILD (1- 8 Years)

In an emergency situation the DRSABCD flowchart must be followed first. If you have done so and deem CPR necessary for the child then follow the diagrams below.



CPR is performed at a ratio of

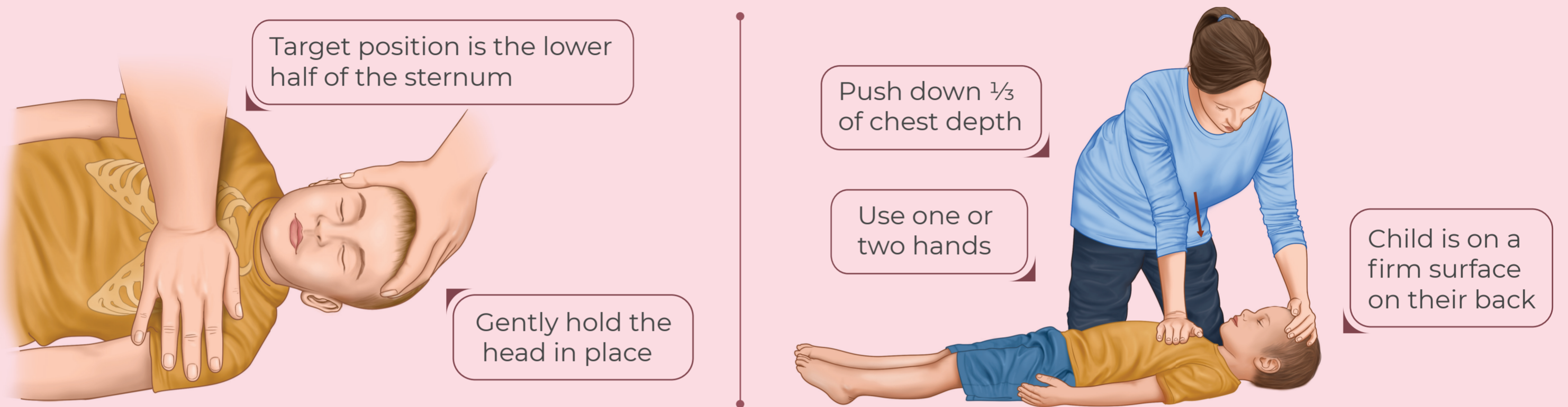
**30** compressions



**2** rescue breaths



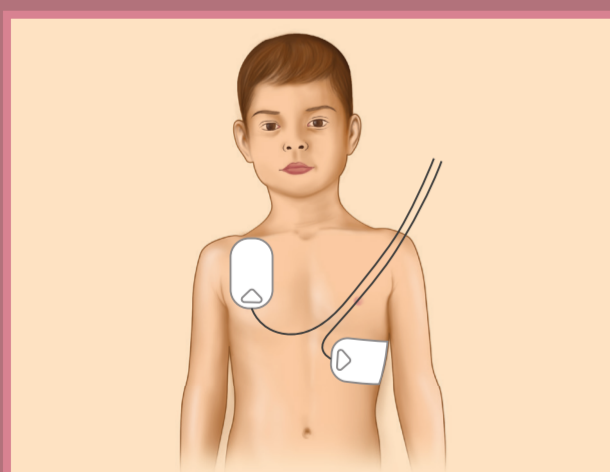
**01** Perform 30 compressions moderately hard and fast - at a rate of **100-120** per minute.



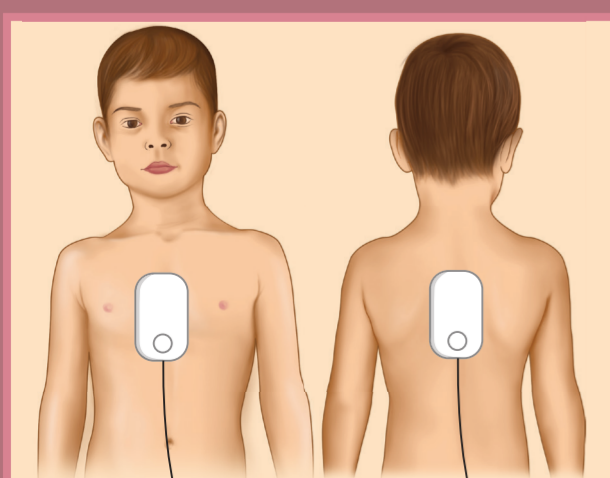
**02** Perform 2 rescue breaths.



If an AED is available - turn AED on and follow the AED's instructions.



Pad position for male/female child



Alternate position for male/female child if the pads would touch

**CONTINUE CPR UNTIL THE CHILD BREATHES NORMALLY OR MEDICAL PROFESSIONALS TAKE OVER**

If the child resumes normal breathing then place them in the *recovery position* and monitor their breathing until an ambulance arrives.

### Recovery position

