

FIRST AID FOR NAPPY RASH



AUSTRALIAWIDE
FIRST AID

1 What Is Nappy Rash?

Nappy rash is a form of dermatitis, or inflammation of the skin. It can lead to infection if left untreated.



2 What Causes Nappy Rash?

Nappy rash occurs when the skin is exposed to moisture alongside a chemical or mechanical irritant like urine and skin folds.



Signs And Symptoms Of Nappy Rash?

3 Visual symptoms of nappy rash include inflamed skin, scaly patches, and blisters. Behavioural symptoms include irritability.



First Aid For Nappy Rash-Prevention

4 Frequently change nappies; use disposable nappies with moisture-wicking qualities; and, allow the skin to completely dry in between nappy changes.



5 First Aid For Nappy Rash-Treatment

Clean the skin with a non-irritating wipe; apply a topical cream, paste or ointment that contains moisture barrier products; and, continue to implement prevention measures.



6 When To See A Doctor

If the nappy rash does not improve or resolve in 3 - 5 days, with the use of prevention and treatment measures.

