

# FIRST AID FOR FEBRILE CONVULSIONS

A febrile convulsion is a fit or seizure that can occur in a child with a fever.



AUSTRALIAWIDE  
FIRST AID

STEP  
01



Stay calm and remain with the child.

STEP  
02

Protect them from harm by moving any objects and/or bystanders out of the way.



If the child has tight clothing on, loosen it. If possible, also remove or open their clothing from the waist up.

STEP  
03



STEP  
04



Note the start time and duration of the convulsion.

STEP  
05



Once the child has stopped convulsing, roll them into the recovery position, place cool washcloths on their neck and forehead, and sponge their body with tepid water.

STEP  
06

Contact Triple Zero (000) if the convulsion lasted for more than 5 minutes, a second convulsion occurs, or the child appears unwell.

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